

Official Team Scores

1.	Redwood Valley	15
2.	Worthington	64
3.	Murray County Central / Fulda	65
4.	Russell-Tyler-Ruthton	94

1.	12	Aidan Salmon	15:17.47	Redwood Valley
2.	12	Elway Berg	15:32.99	Redwood Valley
3.	9	Lane Breikreutz	15:33.41	Redwood Valley
4.	7	Andrew McMahon	15:49.87	Elkton-Lake Benton
5.	11	Joe Gerke	16:00.84	Redwood Valley
6.	10	Eli Christensen	16:06.63	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
7.	12	Thomas Gerke	16:09.67	Redwood Valley
8.	9	Tyler Reith	16:12.58	Murray County Central / Fulda
9.	9	Cheng Lin	16:28.28	Redwood Valley
10.	11	Elliot Lang	16:44.01	Redwood Valley
11.	9	Gentry Kouba	16:53.99	Worthington
12.	10	Alexis Hernandez Garcia	16:58.23	Elkton-Lake Benton
13.	11	Jackson Bawden	16:58.43	Redwood Valley
14.	12	Ty Bernardy	17:04.10	Wabasso
15.	12	Kaden Mastbergen	17:04.55	Pipestone Area
16.	10	Andrew Olague	17:19.63	Worthington
17.	12	Owen Horejsi	17:19.76	Redwood Valley
18.	11	Noah Harms	17:35.69	Canby/Minneota
19.	12	Carter Knakmuhs	17:45.09	Murray County Central / Fulda
20.	10	Nolan VanKeulen	17:49.78	Canby/Minneota
21.	10	Ryan Phelps	17:51.63	Worthington

22.	12	Brandon Danielson	17:57.32	Canby/Minneota
23.	12	Blaine Braun	18:12.16	Murray County Central / Fulda
24.	9	William Stratton	18:12.20	BOLD/BLH
25.	9	Kaden Hicks	18:23.10	Redwood Valley
26.	11	Austin Forster	18:32.22	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
27.	11	Cade Weets	18:41.39	Russell-Tyler-Ruthton
28.	9	Kenzo Okins	18:48.21	Redwood Valley
29.	9	Fletcher Leach	18:50.87	Redwood Valley
30.	9	Matthew Kaden	18:52.79	Redwood Valley
31.	7	Allen Ahrens	18:59.47	Murray County Central / Fulda
32.	9	Camden Novak	19:05.30	Wabasso
33.	9	Phinehas Bislew	19:08.41	Springfield/Cedar Mountain
34.	12	Noah Pope	19:14.04	Wabasso
35.	11	Martin Kaden	19:24.53	Redwood Valley
36.	9	Noah Schmidt	19:39.62	Tracy-Milroy-Balaton
37.	9	Giani Morales	20:10.08	Worthington
38.	9	Aric Ewald	20:13.13	Redwood Valley
39.	9	Joshua Zupp	20:15.05	Pipestone Area
40.	9	Owen Beier	20:21.75	Tracy-Milroy-Balaton
41.	10	Dominic Meyer	20:39.44	Worthington
42.	11	Jonah Norgaard	20:39.45	Russell-Tyler-Ruthton
43.	11	Truen Soderholm	21:39.18	Russell-Tyler-Ruthton
44.	9	Nathaniel Easterling	22:16.17	Redwood Valley
45.	9	William Biren	22:48.36	Murray County Central / Fulda
46.	12	Diego Pasohondo	22:52.25	MACCRAY/RCW
47.	9	Luis Ruiz-Perez	23:02.32	Pipestone Area
48.	9	Landon Amberg	23:22.58	BOLD/BLH

49.	12	Logan Sovia	23:23.62	Windom Area
50.	9	Locklin Matzner	23:56.47	Russell-Tyler-Ruthton
51.	9	Xander Brinkley	24:18.12	Tracy-Milroy-Balaton
52.	9	Aidan Setnar	24:56.12	MACCRAY/RCW
53.	9	Jace Baumgard	25:20.61	Redwood Valley
54.	9	Emery Swierenga	26:16.28	Russell-Tyler-Ruthton
55.	9	Miles Raverty	26:20.74	Worthington
56.	9	Cohen Radke	27:46.58	Tracy-Milroy-Balaton
57.	11	Aidan Grund	29:01.06	BOLD/BLH
58.	9	Quentin Downwind	29:44.02	Redwood Valley

[5,000 Meters Varsity](#)

Official Team Scores

1.	Redwood Valley	24
2.	Murray County Central / Fulda	95
3.	Springfield/Cedar Mountain	103
4.	Windom Area	114
5.	Worthington	122
6.	Canby/Minneota	138
7.	Sleepy Eye St.Marys-Sleepy Eye	141
8.	Central Minnesota Christian	217
9.	Adrian/Ellsworth	258
10.	BOLD/BLH	273
11.	Tracy-Milroy-Balaton	279

1.	12	William Ahrens	15:56.16	Redwood Valley
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2.	12	Fanuel Wolday	16:06.92	Worthington
3.	12	Kilen Cilek	16:12.07	Redwood Valley
4.	12	Landyn Nordby	17:19.64	Redwood Valley
5.	11	Austin Kinser	17:28.70	Worthington
6.	12	Matthew Grobner	17:28.86	Springfield/Cedar Mountain
7.	12	Mason Anderson	17:32.62	Redwood Valley
8.	11	Matthew Stapek	17:44.90	Murray County Central / Fulda
9.	10	Clayton Salmon	17:46.33	Redwood Valley
10.	10	Tyler Robinson	17:47.80	Redwood Valley
11.	10	Bryce Green	18:01.65	Windom Area
12.	10	Braylen Lyons	18:07.14	Windom Area
13.	11	Andrew Morin	18:18.58	Wabasso
14.	10	Ben Jorgenson	18:23.16	Redwood Valley
15.	12	Noah Christensen	18:31.32	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
16.	12	Nate Timm	18:31.90	Elkton-Lake Benton
17.	12	Blake Giese	18:36.05	Canby/Minneota
18.	10	Alexander Betz	18:41.83	Murray County Central / Fulda
19.	11	Darwin Demarrias-Jansma	18:43.11	Adrian/Ellsworth
20.	11	Dylan Dewitt	18:51.55	Springfield/Cedar Mountain
21.	10	Caelen Ralston	19:01.85	Windom Area
22.	12	Caleb Appel	19:02.61	Murray County Central / Fulda
23.	10	Levi Hagen	19:10.22	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
24.	12	Luka Fernandez	19:19.89	Springfield/Cedar Mountain
25.	9	Aiden Appel	19:20.38	Murray County Central / Fulda
26.	10	Kendon Knutson	19:27.31	Canby/Minneota
27.	11	Bryan Buerkle	19:29.45	Springfield/Cedar Mountain
28.	10	Brett Stoks	19:33.34	Canby/Minneota

29.	10	Raul Rodriguez	19:35.58	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
30.	12	Ryan Schrupp	19:36.32	MACCRAY/RCW
31.	10	Beckett Stelter	19:36.85	Murray County Central / Fulda
32.	11	Kaiden Ruis	19:48.56	Central Minnesota Christian
33.	9	Jackson Marcus	19:51.14	Central Minnesota Christian
34.	10	Isaac Bordewyk	20:05.91	Windom Area
35.	11	Matt Fernandez	20:11.71	Springfield/Cedar Mountain
36.	10	Wesley Hause	20:25.09	Murray County Central / Fulda
37.	12	Isaac Kinser	20:30.10	Worthington
38.	11	James Kamrath	20:30.62	Canby/Minneota
39.	11	Jose Chavez Vega	20:33.03	Worthington
40.	12	Zach Kirchner	20:36.04	Murray County Central / Fulda
41.	11	Alex Kueny	20:37.36	Murray County Central / Fulda
42.	10	Seth Paluch	20:45.00	Canby/Minneota
43.	9	Hayden Lippert	20:50.35	MACCRAY/RCW
44.	12	Austin Vee	20:57.33	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
45.	-	Max Fischer	20:58.99	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
46.	9	Kieran Anderson	21:05.18	Windom Area
47.	9	Teddy Bonnema	21:05.33	Central Minnesota Christian
48.	10	Connor Elfering	21:20.96	BOLD/BLH
49.	12	Hudsen Jenniges	21:22.30	Tracy-Milroy-Balaton
50.	11	Holden Meyer	21:26.83	Worthington
51.	-	Eli Pyan	21:30.73	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
52.	11	Derrick Bahl	21:36.06	BOLD/BLH
53.	10	Jacob Nilles	21:41.94	Russell-Tyler-Ruthton

54.	12	Lucas Hensch	21:54.66	Springfield/Cedar Mountain
55.	9	Bo Duinick	21:54.97	Central Minnesota Christian
56.	10	Xavier Manderfeld	21:55.10	Springfield/Cedar Mountain
57.	12	Hank Peterson	21:57.85	Tracy-Milroy-Balaton
58.	11	Carson Becker	21:59.15	Canby/Minneota
59.	9	Cody Weidert	22:02.66	Adrian/Ellsworth
60.	11	Anton Pyan	22:08.73	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
61.	9	Gideon Johnson	22:19.84	MACCRAY/RCW
62.	12	Addis Tiruneh	22:49.18	Worthington
63.	11	Sebastian (Woody) Kron	22:53.69	Worthington
64.	11	Ben Brinkhous	23:01.98	Adrian/Ellsworth
65.	10	Jackson Jenniges	23:02.06	Tracy-Milroy-Balaton
66.	11	Brody Beckler	23:05.37	BOLD/BLH
67.	12	Mussa Zerfu	23:08.17	Worthington
68.	11	Walker Biren	23:14.19	Murray County Central / Fulda
69.	12	Isaiah Bates	23:14.82	Worthington
70.	9	Liam Carroll	23:30.93	Windom Area
71.	12	Jayden Claseman	23:42.93	BOLD/BLH
72.	11	Tyler Arnold	23:43.31	Tracy-Milroy-Balaton
73.	12	Ben Larson	23:43.81	BOLD/BLH
74.	10	Weston Marten	24:06.74	Tracy-Milroy-Balaton
75.	9	Angel Farias	24:07.16	Adrian/Ellsworth
76.	11	Riley Spies	24:15.19	Adrian/Ellsworth
77.	10	Preston Anderson	25:53.85	Springfield/Cedar Mountain
78.	9	Liam Knight	28:23.34	Central Minnesota Christian



Womens Results

[4,000 Meters Junior Varsity](#)

Official Team Scores

1.	Canby/Minneota	35
2.	Wabasso	39
3.	Redwood Valley	50
4.	Worthington	115

1.	8	Elsie Leopold	17:11.53	Wabasso
2.	10	Isabel Plaetz	19:16.57	Wabasso
3.	12	Hannah Fadness	19:41.71	Canby/Minneota
4.	9	Zeug Abi	20:00.95	Wabasso
5.	12	Nohemi Diaz	20:09.05	Canby/Minneota
6.	10	Klaira Horejsi	20:09.76	Redwood Valley
7.	12	Natalie Stoks	20:19.40	Canby/Minneota
8.	10	Maddie Vogel	20:44.64	Central Minnesota Christian
9.	11	Ming Lin	20:45.65	Redwood Valley
10.	9	Charlotte Brunsvig	21:09.24	Canby/Minneota
11.	12	Izzy Kleinhuizen	21:11.98	Redwood Valley
12.	11	Izabelle Hulzebos	21:36.11	Canby/Minneota
13.	10	Avery Monson	21:37.08	Redwood Valley
14.	10	Kallie DeVos	21:41.34	Canby/Minneota
15.	10	Martha Krause	21:43.50	Redwood Valley
16.	12	Katie Erickson	21:52.09	Wabasso
17.	9	Ella Cleveland	22:09.51	Canby/Minneota
18.	10	Cadence Pope	22:10.14	Wabasso
19.	11	Peighton Mulder	22:21.13	Central Minnesota Christian
20.	12	Grace Bates	22:42.93	Worthington
21.	9	Alexis Carlson	22:53.63	MACCRAY/RCW

22.	12	Amelia Plaetz	22:54.12	Wabasso
23.	9	Eliza Bentson	22:54.30	Redwood Valley
24.	12	Gracelyn Malecek	22:54.35	Redwood Valley
25.	10	Alysia Buteyn	23:10.12	Central Minnesota Christian
26.	11	Alice Klein	23:46.23	Redwood Valley
27.	Sr	Jacqueline Perez Ventura	23:46.65	Worthington
28.	9	Taylar Nelson	23:56.62	Redwood Valley
29.	9	Grace Hanna	24:06.48	Wabasso
30.	10	Madelyn Fogelson	24:13.60	Wabasso
31.	Sr	Iris Ramirez	24:31.62	Worthington
32.	9	Gracelynn Struchen	24:39.18	Tracy-Milroy-Balaton
33.	12	Samantha Andol	25:23.48	MACCRAY/RCW
34.	12	Aliza Griffis	25:44.84	Springfield/Cedar Mountain
35.	9	Alexis Jensen	26:11.15	Wabasso
36.	12	Tarryn Joens	26:16.87	Worthington
37.	11	Ellen Westmen	26:32.27	Redwood Valley
38.	9	Chloe Hendriks	26:36.10	MACCRAY/RCW
39.	Jr	Liv Vander Kooi	26:39.33	Worthington
40.	Sr	Claire Mahlberg	26:59.07	Worthington
41.	11	Rachel Seehusen	27:41.48	MACCRAY/RCW
42.	12	Estrella Bartolon	32:41.99	Worthington
43.	11	Peer Htoo	39:18.54	Worthington

[5,000 Meters Varsity](#)

Official Team Scores

1.	Redwood Valley	36
2.	Canby/Minneota	48

3.	Murray County Central / Fulda	81
4.	Springfield/Cedar Mountain	96
5.	Adrian/Ellsworth	125
6.	Pipestone Area	150
7.	Worthington	159
8.	Central Minnesota Christian	165

1.	11	Addie Thomes	19:58.03	Redwood Valley
2.	12	Ellie Nelson	20:11.46	Redwood Valley
3.	12	Claire Stoks	20:27.57	Canby/Minneota
4.	9	Lola Luze	20:27.61	Redwood Valley
5.	9	Mya Pesek	20:40.13	Canby/Minneota
6.	8	Mara Clarke	20:46.87	Murray County Central / Fulda
7.	11	Keeley Jansen	20:50.01	BOLD/BLH
8.	10	Laiken Farris	21:03.95	Murray County Central / Fulda
9.	11	Katie Thram	21:34.59	Springfield/Cedar Mountain
10.	10	Ava Danielson	21:36.67	Canby/Minneota
11.	12	Marissa Pabst	21:47.87	Springfield/Cedar Mountain
12.	9	Reese Prescott	21:48.03	Redwood Valley
13.	10	Taylor Ourada	21:54.04	Canby/Minneota
14.	12	Sophia Nelson	21:57.64	Murray County Central / Fulda
15.	10	Annaliese Wood	22:03.67	Central Minnesota Christian
16.	9	Holland Vogel	22:11.49	Murray County Central / Fulda
17.	9	Josie Danks	22:13.87	Pipestone Area
18.	10	Keyona Klingenberg	22:17.51	Adrian/Ellsworth
19.	12	Madalyn Munsell	22:19.18	Redwood Valley
20.	-	Emma Hagen	22:23.15	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath

21.	12	Lillie Wollum	22:40.66	Canby/Minneota
22.	10	Olivia Bullerman	22:52.26	Adrian/Ellsworth
23.	10	Lucy Thier	22:52.98	Adrian/Ellsworth
24.	11	Summer Labrune	22:57.08	Russell-Tyler-Ruthton
25.	8	Rhaelee Heidebrink	22:58.48	Pipestone Area
26.	11	Madison Sieve	23:02.47	Worthington
27.	11	Jaeryn Buchert	23:07.85	Russell-Tyler-Ruthton
28.	12	Emmie McCone	23:09.11	Springfield/Cedar Mountain
29.	9	Millie Lax	23:09.18	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
30.	10	Jonna Briggs	23:10.01	Canby/Minneota
31.	8	Sylvia Hovland	23:12.35	Springfield/Cedar Mountain
32.	7	Claire Schultz	23:12.38	Worthington
33.	12	Marin Knott	23:13.11	Tracy-Milroy-Balaton
34.	8	Lydia Dauer	23:17.58	Springfield/Cedar Mountain
35.	11	Alivia Freuchte	23:37.65	Pipestone Area
36.	11	Maggie Setrum	23:46.75	Central Minnesota Christian
37.	10	Jozie Cuperus	23:54.67	Adrian/Ellsworth
38.	11	Elizabeth Johnson	23:57.56	MACCRAY/RCW
39.	10	Miranda Mischke	24:04.08	Tracy-Milroy-Balaton
40.	10	Emily Dahlquist	24:23.73	Worthington
41.	11	Abby Groebner	24:30.97	Springfield/Cedar Mountain
42.	11	Ava Schlomann	24:31.68	BOLD/BLH
43.	12	Kenadie Thiner	24:38.13	Worthington
44.	11	Aleena Vetsouvanh	24:47.85	Redwood Valley
45.	11	Teresa Fischer	24:56.89	Sleepy Eye St.Marys-Sleepy Eye Public-New Ulm Cath
46.	10	Clare Frank	25:01.47	BOLD/BLH
47.	9	Addison Wieneke	25:07.59	Adrian/Ellsworth

48.	12	Skyla Dauer	25:15.06	Springfield/Cedar Mountain
49.	12	Sidney Duinick	25:34.12	Central Minnesota Christian
50.	9	Makenley DeWilde	25:48.86	Pipestone Area
51.	10	Ruth Ethridge	26:07.04	Murray County Central / Fulda
52.	10	Jocelyn Frank	26:16.60	Windom Area
53.	10	Jesselle Sosa	26:32.09	Windom Area
54.	9	Lindsey Setrum	27:08.17	Central Minnesota Christian
55.	10	Etta Grannes	27:14.34	Central Minnesota Christian
56.	9	Annabelle Hardwood	27:22.41	Worthington
57.	9	Gretta Smith	27:33.34	Windom Area
58.	10	Hazel Dauer	27:54.45	Springfield/Cedar Mountain
59.	10	Evelyn Rentschler	28:09.91	Tracy-Milroy-Balaton
60.	11	Clara Pagel	28:21.79	Russell-Tyler-Ruthton
61.	11	Aurora Winsel	28:22.83	Pipestone Area
62.	12	Mallorie Hicks	28:55.85	Tracy-Milroy-Balaton
63.	12	Lauryn Ahlers	29:04.71	Worthington
64.	11	Myranda Windboom	29:09.18	Worthington
65.	11	Anna Gordon	29:11.58	Worthington
66.	10	Kynsi Vanderplaats	31:25.77	Russell-Tyler-Ruthton