

**2024 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/6/2024 to 6/8/2024
Results - Class A Prelims**

Girls 100 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C	11.84	2018	T'Nia Riley, Minneapolis North			
MN All Time: !	11.71	2012	Taylor Anderson, Hopkins			
Nat'l H.S.: +	11.00	2023	Mia Brahe-Pederson, Lake Oswego, OR			
23 Champion:	12.48	6/8/2023	Chantle Reiland, GMLOKS			
Name		Year	School	Seed	Prelims	Wind H#

Preliminaries

1	Ava Phrakonkham	11	Bagley/Fosston	12.49	11.80Q	4.1	2	
2	Brynn Bakken	9	Hills-Beaver Creek	12.31	11.88Q	1.1	1	
3	Chantle Reiland	11	GMLOKS	12.30	12.21Q	4.1	2	12.201
4	Jackie Cole	12	Medford	12.59	12.21Q	1.1	1	12.209
5	Hailey Hollar	12	River Valley	12.42	12.33q	1.1	1	
6	Anna Konsti	10	Concordia Academy	12.80	12.39q	4.1	2	
7	Adella Schmolli	11	RACE	12.66	12.41q	4.1	2	
8	Addison Hoof	11	Lester Prairie	12.70	12.48q	1.1	1	
9	Delaney Nelson	10	Two Harbors	12.50	12.49q	4.1	2	
10	Erika Salaski	10	St. Cloud Cathedral	12.65	12.56	1.1	1	
11	Brook Gunlogson	10	Lakeview	12.95	12.63	4.1	2	
12	Zoe Plombon	9	Chisholm	12.68	12.64	4.1	2	
13	Megan Guler	9	Pelican Rapids	12.80	12.70	4.1	2	
14	Aurora Walberg	11	Royalton	12.98	12.73	4.1	2	
15	Emma Warner	12	Mcgregor	12.71	12.80	1.1	1	12.795
16	Xiaobao Liang	8	Math & Science A	12.88	12.80	1.1	1	12.800
17	Violette Metz	10	Pillager	12.93	13.02	1.1	1	
18	Claire Klinkhammer	9	Bagley/Fosston	13.44	13.03	1.1	1	

Girls 200 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C	24.44	2018	T'Nia Riley, Minneapolis North			
MN All Time: !	23.91	6/11/2016	Jedah Caldwell, Chanhassen			
Nat'l H.S.: +	22.52	2003	Allyson Felix, Los Angeles Baptist, CA			
23 Champion:	25.47	6/8/2023	Taylor Kurtz, Dover-Eyota			
Name		Year	School	Seed	Prelims	Wind H#

1	Ava Phrakonkham	11	Bagley/Fosston	25.87	24.97Q	2.7	2	
2	Brynn Bakken	9	Hills-Beaver Creek	25.28	25.09Q	4.6	1	
3	McKaylen Lewis	9	Math & Science A	24.94	25.92Q	5.7	3	
4	Hailey Hollar	12	River Valley	25.96	25.29Q	4.6	1	
5	Addison Hoof	11	Lester Prairie	26.04	25.60Q	2.7	2	
6	Isabelle Kapanke	10	St. Croix Lutheran	25.70	26.44Q	5.7	3	
7	Clarissa Sauer	11	Cotter/Hope	25.49	25.62q	4.6	1	
8	Chantle Reiland	11	GMLOKS	25.11	26.02q	2.7	2	
9	Erika Salaski	10	St. Cloud Cathedral	26.45	26.04q	4.6	1	
10	Anna Konsti	10	Concordia Academy	25.89	26.05	4.6	1	
11	Jackie Cole	12	Medford	25.51	26.08	2.7	2	
12	Grethe Helseth	11	Agape Christi Ac	26.34	26.46	4.6	1	
13	Jaelyn LaPlante	11	Chatfield	25.79	26.48	5.7	3	
14	Emma Warner	12	Mcgregor	26.10	26.52	5.7	3	
15	Hayley Lentsch	12	Kenyon-Wanamingo	26.10	26.55	5.7	3	
16	Katrina Hitchen	10	Fertile-Beltrami	27.09	26.56	5.7	3	
17	Megan Guler	9	Pelican Rapids	26.47	26.58	2.7	2	
18	Aurora Walberg	11	Royalton	27.15	26.62	2.7	2	

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....Girls 200 Meter Dash Class A

19 Brook Gunlogson	10 Lakeview	26.20	26.78	2.7	2
20 Hailey Johnson	11 Chisholm	26.70	27.47	5.7	3
21 Emily Kellen	10 Border West	27.21	27.57	4.6	1

Girls 400 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C 55.67		2016	Chloe Bermel, Pequot Lakes		
MN All Time: ! 54.27		2022	Jordyn Borsch, Maple Grove		
Nat'l H.S.: + 50.74		2000	Monique Henderson, San Diego Morse, CA		
23 Champion: 56.68		6/8/2023	Addison Hoof, Lester Prairie		
Name	Year	School	Seed	Prelims	H#
1 Addison Hoof	11	Lester Prairie	57.76	58.55Q	3
2 Katrina Hitchen	10	Fertile-Beltrami	58.33	58.59Q	1
3 Hayley Lentsch	12	Kenyon-Wanamingo	57.87	59.00Q	2
4 Trinity Giddings	11	Two Harbors	58.90	59.47Q	3
5 Amber Rosemeier	12	Benson/KMS	1:00.51	59.55Q	1
6 Hope Kuechle	9	Eden Valley-	58.74	59.79Q	2
7 Aubrey Lesnau	10	St. Cloud Cathedral	58.44	59.73q	1
8 Isabelle Kapanke	10	St. Croix Lutheran	59.32	1:00.14q	2
9 Sarai Kieser	10	Concordia Academy	59.73	1:00.45q	1
10 Julia Vega	10	St. Cloud Cathedral	59.75	1:00.84	1
11 Amber Collins	11	Wadena-Deer Creek	1:00.73	1:00.87	1
12 Emily Kellen	10	Border West	1:00.96	1:01.23	2
13 Annika Aakre	10	Park Christian	1:00.18	1:01.26	3
14 Violet Udovich	8	Ely	1:01.21	1:01.82	3
15 Quinn VanMaldeghem	10	New Richland-H-E-G	1:00.11	1:02.20	3
16 Xiaobao Liang	8	Math & Science A	59.04	1:02.72	3
17 Addisyn Kimmel	11	Legacy Christian	59.97	1:02.74	2
18 Claire Stoks	11	Canby/Minneota	1:01.44	1:03.83	3
19 Samantha Perez	11	St. Charles	1:00.33	1:04.00	2

Girls 800 Meter Run Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C 2:08.77		1986	Jeanne Kruckeberg, Blooming Prairie		
MN All Time: ! 2:06.50		6/6/2015	Ruby Stauber, Wayzata		
Nat'l H.S.: + 2:00.03		2022	Roisin Willis, Stevens Point Area, WI		
23 Champion: 2:16.28		6/8/2023	Katrina Sortland, Zumbrota-Mazeppa		
Name	Year	School	Seed	Prelims	H#
1 Maddie LeSage	12	Howard Lake-	2:21.19	2:18.05Q	1
2 Audrey Brownell	10	Staples-Motley	2:19.13	2:21.59Q	2
3 Lindsey Rotz	12	Barnesville	2:22.60	2:20.48Q	1
4 Braelyn Merritt	12	Canby/Minneota	2:21.81	2:23.75Q	2
5 Brookelyn Kuechle	12	Eden Valley-	2:21.25	2:21.27q	1
6 Karcyn Dose	12	Sibley East	2:24.20	2:22.83q	1
7 Mariah Brooks	12	Rochester Lourdes	2:23.74	2:23.40q	1
8 Cassi Chesley	12	Luverne	2:22.71	2:25.05q	1
9 Audrey Haugen	10	Kenyon-Wanamingo	2:23.12	2:25.16q	2
10 Faustina Adkins	10	St. Agnes	2:24.44	2:25.51	2
11 Jayla Abrahamson	8	Climax-Fishe	2:24.20	2:26.68	2
12 Olivia Pascuzzi	8	Chisholm	2:23.33	2:28.20	2

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....Girls 800 Meter Run Class A

13 Paloma Good	9 St. Paul Academy	2:24.61	2:29.63	1
14 Brielle Simula	9 Carlton-Wrenshall	2:26.65	2:29.76	2
15 MaKenzie Westphal	8 Janesville W	2:22.35	2:32.29	2
16 Sarah Prodzinski	12 Ada-Borup-West	2:25.03	2:35.39	1

Girls 3200 Meter Run Class A

Class Record: C	10:26.41	2006	Bria Wetsch, Holy Family		
MN All Time: !	10:06.19	6/8/2018	Emily Covert, MPLS Washburn		
Nat'l H.S.: +	9:47.88	2018	Katelyn Touhy, Thiells North Rockland,		
23 Champion:	10:35.02	6/8/2023	Jade Rypkema, Nevis		
Name	Year	School	Seed	Finals	Points

Finals

1 Olivia Pauly	12 St. John's Prep	11:07.98	10:52.85	12
2 Jenna DeBates	12 Luverne	11:15.35	11:05.37	10
3 Sonja Semling	11 Cotter/Hope	11:29.68	11:10.80	8
4 Greta Long	12 Eagle Ridge Academy	11:27.77	11:26.06	6
5 Kyanna Burton	12 Staples-Motley	11:49.75	11:27.37	5
6 Charlotte Meyer	7 Mankato Loyo	11:28.84	11:27.85	4
7 Kendra Swanson	9 Northwest Ni	11:18.24	11:29.37	3
8 Emmi Ihry	7 Climax-Fishe	11:52.73	11:30.70	2
9 Anjalie Aho	11 United North Cen	11:51.60	11:34.16	1
10 Louise Ruzanic	11 St. John's Prep	11:26.15	11:43.67	
11 Emaleigh Olesiak	12 Cromwell-Wright	11:49.45	11:50.35	
12 Autumn Rakosnik	8 Lanesboro-Fillmo	11:40.89	11:58.59	
13 Lola Champlin	10 Greenway/Nas	12:13.17	12:00.64	
14 Megan Snider	9 Mounds Park Academy	11:34.30	12:01.28	
15 Sam Hultgren	9 MACCRAY/RCW	12:02.75	12:13.84	
16 Meghan Johnson	12 Mt. Lake Are	12:17.91	12:31.74	
17 Jovie Marshall	7 United Clay-Becker	12:25.57	12:42.82	

Girls 100 Meter Hurdles Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C	14.31	6/9/2022	Shaina Zinter, Concordia Academ			
MN All Time: !	13.81	2022	Ava Fitzgerald, Roseville Area			
Nat'l H.S.: +	13.03	2007	Vashti Thomas, San Jose Mt. Pleasant CA			
23 Champion:	14.98	6/9/2023	Ashley Kimman, Pierz			
Name	Year	School	Seed	Prelims	Wind	H#

Preliminaries

1 Lucea Wales	12 A.B.E	15.30	15.14Q	4.0	3
2 Elizabeth Tuttle	10 St. Paul Academy	15.41	15.17Q	3.8	2
3 Aubryana Boldt	10 Rushford-Peteroso	15.58	15.27Q	4.6	1 15.265
4 Mariah Willard	12 Trinity/Unity*	15.59	15.18Q	3.8	2
5 Adella Schmoll	11 RACE	15.99	15.27Q	4.0	3 15.263
6 Breeley Galle	10 GMLOKS	15.92	15.48Q	4.6	1
7 Gracie Foster	10 GMLOKS	15.94	15.30q	4.0	3
8 Elena Hartung	11 Pine Island	15.50	15.50q	4.6	1
9 Kenlie Blom	9 Atwater-Cosm	15.62	15.60q	4.0	3
10 Jocelyn Zoller	11 Eden Valley-	15.89	15.69	4.6	1
11 Sadie Sanders	11 Lake City	15.78	15.71	4.0	3
12 Ava Noble	10 Benson/KMS	16.06	15.85	4.6	1

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....Girls 100 Meter Hurdles Class A

13 Augusta Papik	11 Luverne	15.82	15.88	3.8	2
14 Lauren Mutschler	10 Maple River	16.09	15.90	4.6	1
15 Sophia Vogel	11 Central Minnesot	15.94	16.28	3.8	2
16 Maddie Huiras	11 Mankato Loyo	16.04	16.37	3.8	2
17 Gwendolyn Lilly	12 Esko	16.47	16.50	3.8	2
18 Ava Follingstad	11 Barnesville	16.78	16.52	4.0	3
19 Grace McNamee	11 Nevis	17.36	17.07	4.6	1
20 Amaya Grinde	12 Two Harbors	16.94	17.32	4.0	3
21 Nora Osowski	11 West Marshall	17.33	18.10	3.8	2

Girls 300 Meter Hurdles Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

===== Class Record: C 42.38 6/9/2022 Shaina Zinter, Concordia Academ					
MN All Time: ! 41.35 6/11/2016 Meleah Biermaier, Thief River Falls					
Nat'l H.S.: + 39.98 2001 Lashinda Demus, Long Beach Wilson, CA					
23 Champion: 45.11 6/9/2023 Mariah Willard, Trinity/Unit					
===== Name Year School Seed Prelims H#					
===== 1 Mariah Willard 12 Trinity/Unity* 46.11 46.16Q 2					
2 Hannah Pederson 12 West Marshall 46.78 46.28Q 1					
3 Elena Hartung 11 Pine Island 46.27 46.77Q 3					
4 Adella Schmoll 11 RACE 45.26 46.47Q 2					
5 Jocelyn Zoller 11 Eden Valley- 46.41 46.55Q 1					
6 Elizabeth Tuttle 10 St. Paul Academy 44.79 46.83Q 3					
7 Ava Noble 10 Benson/KMS 46.40 46.76q 2					
8 Lucea Wales 12 A.B.E 47.39 46.97q 1					
9 Rilee Breth 10 Holdingford 47.14 47.18q 3					
10 Kylee Loren 8 Legacy Christian 45.91 47.22 1					
11 Sophia Vogel 11 Central Minnesot 46.02 47.32 1					
12 Violette Metz 10 Pillager 47.29 47.45 2					
13 Lauryn Ankeny 10 Minnewaska Area 47.07 47.65 2					
14 Reinha John 9 Luverne 46.35 47.95 3					
15 Olivia Weber 11 Triton 47.12 48.18 3					
16 Tika May 10 Aitkin 48.72 48.45 3					
17 Maddie Huiras 11 Mankato Loyo 47.48 48.67 1					
18 Evelyn Nydegger 12 New Richland-H-E-G 47.49 49.24 2					
19 Nora Osowski 11 West Marshall 48.88 49.46 3					
20 Abbigail Hutchinson 12 International Falls 49.33 49.73 2					

Girls 4x100 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

===== Class Record: C 48.18 2017 Minneapolis Edison, Minneapolis Edison					
L Senaphanh, J Lewis, C Rush, J Lewis					
MN All Time: ! 47.28 6/11/2016 St. Michael-Albertville, St. Michael-Albe					
A Keefer, C Witherspoon, K Tschida, W Perry					
Nat'l H.S.: + 44.24 2019 DeSoto, DeSoto					
23 Champion: 49.00 6/8/2023 Minnehaha Academy, Minnehaha Ac					
C Tanner, A Gulyard, I Jones, G Troup					
===== School Seed Prelims H#					
===== 1 Bagley/Fosston 50.73 49.41Q 2					
1) Claire Klinkhammer 9 2) Sienna Friesen 12					

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....Girls 4x100 Meter Relay Class A

3) Tessa Manecke 12	4) Ava Phrakonkham 11			
2 Cotter/Hope Lutheran	50.22	50.24Q	1	
1) Claire Heiring 11	2) Elizabeth Gibson 9			
3) Clarissa Sauer 11	4) Macy Donnenwerth 10			
3 Chatfield	49.27	50.09Q	2	
1) Lauryn Daniels 12	2) Savannah Peterson 9			
3) Evy Goldsmith 12	4) Jaelyn LaPlante 11			
4 Royalton	50.16	50.26Q	1	
1) Claire Prokott 12	2) Haylie Wolbeck 10			
3) Aurora Walberg 11	4) Lydia Prokott 10			
5 Concordia Academy	50.46	50.37q	2	
1) Emma Wasiloski 11	2) Elissa Bensus 10			
3) Sarai Kieser 10	4) Gabbi Meloch 9			
6 Two Harbors	50.82	50.79q	1	
1) Brooklyn Nelson 10	2) Delaney Nelson 10			
3) Rachel Bopp 11	4) Trinity Giddings 11			
7 Hills-Beaver Creek	50.74	50.84q	2	50.835
1) Trinity Olson 7	2) Ava Steinhoff 9			
3) Brynn Rauk 12	4) Brynn Bakken 9			
8 Waterville-Elysian-Morristow	50.56	50.84q	2	50.839
1) Ella Duenes 12	2) Madison Zimbrich 12			
3) Mckenna Schuster 11	4) Addison Condon 10			
9 Paynesville	51.03	51.20q	2	51.194
1) Dani Bierwerth 9	2) Brooklyn Frank 11			
3) Finley Anfinson 11	4) Cloey Kolb 10			
10 Pine Island	50.67	51.20	1	51.199
1) Zoe Njus 11	2) McKinley Sorum 9			
3) Lyndee Northrop 11	4) Reighley Sorum 11			
11 West Marshall	50.69	51.35	1	
1) Markelle Pederson 10	2) Annika Adolphson 8			
3) Reagan Mortimer 11	4) Hannah Pederson 12			
12 Redwood Valley	50.87	51.76	1	
1) Kendall Huhnerkoch 11	2) Kenzie Lundeen 12			
3) Caitlin Flinn 11	4) Cali Johnson 11			
13 Eagle Ridge Academy	51.31	51.85	1	51.844
1) Taiyah Mandt 11	2) Francline Shearer 10			
3) Gracie Hendley 11	4) Frantzsis Shearer 10			
14 Janesville Waldorf Pemberton	51.07	51.85	2	51.849
1) Brielle Bure 11	2) Nevaeh Weimert 10			
3) Katelyn Olson 10	4) Lilly Strauss 11			
15 Pillager	51.50	51.86	1	
1) Alivia Brown 10	2) Sophie Schlosser 9			
3) Makenna Camacho 10	4) Violette Metz 10			
16 Esko	51.63	51.95	2	
1) Reese Kuklinski 11	2) Kaitlyn McConnell 11			
3) Gwendolyn Lilly 12	4) Whitney Hanson 10			
17 Osakis	52.63	53.00	2	
1) Stephy Marthaler 11	2) Kaelyn Walker 10			
3) Hailey Walker 12	4) Kiana Kendall 12			

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Girls 4x200 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C 1:43.62	1985	Blue Earth, Blue Earth		
		S Johnson, S Johnson, T Lewis, S Johnson		
Class Record: C 1:43.62	6/9/2023	GMLOKS, GMLOKS		
		L Redman, C Reiland, B Galle, A Reiland		
MN All Time: ! 1:39.20	6/10/2017	North St. Paul, North St. Paul		
		A Pratt, S Jones, J Cooke, J Cager		
Nat'l H.S.: + 1:33.87	2004	Long Beach Poly, CA		
23 Champion: 1:43.62	6/9/2023	GMLOKS, GMLOKS		
		L Redman, C Reiland, B Galle, A Reiland		
School	Seed	Prelims	H#	
1 Cotter/Hope Lutheran	1:46.21	1:45.69Q	3	
1) Claire Heiring 11				2) Camila Puente Infante 12
3) Aubrey Schossow 11				4) Clarissa Sauer 11
2 GMLOKS	1:45.00	1:45.84Q	1	
1) Lydia Redman 10				2) Gracie Foster 10
3) Breeley Galle 10				4) Chantle Reiland 11
3 Concordia Academy	1:44.95	1:46.34Q	2	
1) Emma Wasiloski 11				2) Sarai Kieser 10
3) Emma Korinek 11				4) Anna Konsti 10
4 Chatfield	1:44.15	1:46.09Q	3	
1) Lauryn Daniels 12				2) Savannah Peterson 9
3) Evy Goldsmith 12				4) Jaelyn LaPlante 11
5 West Marshall	1:46.77	1:46.89Q	1	
1) Naomi Davey 7				2) Kenley Marquis 8
3) Annika Adolphson 8				4) Hannah Pederson 12
6 Maple Lake	1:47.52	1:47.05Q	2	
1) Reese Hartkopf 9				2) Avery Lee 11
3) Sydney Breimon 11				4) Alex Kiebel 11
7 St. Cloud Cathedral	1:45.76	1:46.29q	3	
1) Aubrey Lesnau 10				2) Maddie Halstrom 12
3) Julia Vega 10				4) Erika Salaski 10
8 Eden Valley-Watkins/Kimball	1:45.74	1:47.14q	2	
1) Jordyn Theis 11				2) Ellie Becker 11
3) Brookelyn Kuechle 12				4) Hope Kuechle 9
9 Legacy Christian Academy	1:45.26	1:47.61q	1	
1) Grace Thompson 11				2) Kylee Loren 8
3) Favour Adetunji 9				4) Addisyn Kimmel 11
10 Redwood Valley	1:46.58	1:48.08	2	
1) Kendall Huhnerkoch 11				2) Kenzie Lundeen 12
3) Cali Johnson 11				4) Caitlin Flinn 11
11 Dilworth-Glyndon-Felton	1:48.53	1:48.95	1	
1) Abigail Walton 12				2) Aunika Reynolds 11
3) Alex Risberg 9				4) Ellie Sosa 9
12 St. Charles	1:47.81	1:48.97	1	
1) Abby Hoffman 11				2) Evie Benedett 10
3) Madi Bjerke 8				4) Samantha Perez 11
13 Caledonia/Spring Grove	1:47.38	1:49.15	1	
1) Loisah Gay 10				2) Chloe Lange 10
3) Sienna Augedahl 11				4) Nicole Banse 10
14 Holdingford	1:47.60	1:49.42	3	
1) Angelika Diakite 10				2) Madison Mitchell 12
3) Carly Mitchell 9				4) Rilee Breth 10

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....Girls 4x200 Meter Relay Class A

15	Moose Lake/Willow River	1:49.83	1:49.43	2
	1) Jocelyn Mundell 12	2) Maddie Volk 11		
	3) Jorja Juszczak 12	4) Tyler Orvedahl 9		
16	Janesville Waldorf Pemberton	1:47.74	1:49.50	2
	1) Nevaeh Weimert 10	2) Katelyn Olson 10		
	3) Lilly Strauss 11	4) MaKenzie Westphal 8		
17	Frazee	1:49.17	1:49.99	2
	1) Jayden Sonnenberg 10	2) Hailey Selly 12		
	3) Elsie Ratz 12	4) Aubree Bristlin 9		
18	Osakis	1:49.43	1:50.24	3
	1) Kiana Kendall 12	2) Kaelyn Walker 10		
	3) Hailey Walker 12	4) Addison Roering 9		
19	Canby/Minneota	1:47.74	1:50.34	3
	1) Karlie Wollum 10	2) Taylor Ourada 9		
	3) Brynn Kockelman 10	4) Natalie Stoks 11		
20	International Falls	1:50.11	1:51.96	1
	1) Julia Dykstra 10	2) Jillian Bilben 12		
	3) Mary Versteeg 10	4) Abbigail Hutchinson 12		
21	River Valley	1:49.50	1:52.15	3
	1) Erika Wells 12	2) Millie Lax 8		
	3) Aubrey Steffl 9	4) Marley Hewitt 8		

Girls 4x400 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C	3:56.98	2001	Roseau, Roseau
			B Lisell, S Olson, H Evans, A Anderson
MN All Time: !	3:50.12	6/6/2015	Lakeville South, Lakeville South
			H Lubow, K Larson, C Slattery, J Mosser
Nat'l H.S.: +	3:35.49	2004	Long Beach Poly, CA
23 Champion:	3:59.20	6/9/2023	Eden Valley-Watkins/Kimball, Eden Valle
			J Zoller, H Kuechle, B Kuechle, E Kuechle

School	Seed	Prelims	H#
1 River Valley	4:06.50	4:05.38Q	1
1) Hailey Hollar 12	2) Marley Hewitt 8		
3) Marissa Pabst 11	4) Brynne Ibberson 9		
2 Eden Valley-Watkins/Kimball	4:05.20	4:08.73Q	2
1) Alayna Haag 9	2) Jocelyn Zoller 11		
3) Brookelyn Kuechle 12	4) Hope Kuechle 9		
3 Cotter/Hope Lutheran	4:07.24	4:08.98Q	2
1) Erin Gibson 7	2) Jessica Beguin 12		
3) Claire Heiring 11	4) Macy Piechowski 11		
4 MACCRAY/RCW	4:09.87	4:09.56Q	1
1) Brielle Janssen 10	2) Ella Kienitz 12		
3) Kori Bristle 12	4) Annie Bourne 12		
5 St. Charles	4:07.20	4:09.75q	1
1) Abby Hoffman 11	2) Mya Slavin 12		
3) Madi Bjerke 8	4) Samantha Perez 11		
6 United Clay-Becker	4:11.06	4:11.13q	1
1) Katarina Vetter 9	2) Chloe Johnson 9		
3) Keela Johnson 11	4) Ingrid Rustad 11		
7 Frazee	4:10.22	4:11.46q	2
1) Aynslee Johannsen 8	2) Hailey Selly 12	4:11.457	

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....Girls 4x400 Meter Relay Class A

3) Elsie Ratz 12	4) Jayden Sonnenberg 10			
8 Legacy Christian Academy	4:07.42	4:11.46q	2	4:11.458
1) Grace Thompson 11	2) Favour Adetunji 9			
3) Kylee Loren 8	4) Addisyn Kimmel 11			
9 Park Rapids Area	4:10.04	4:12.33q	1	
1) Anna Rickbeil 9	2) Madeline Brandt 9			
3) Olivia Miller 11	4) Addison Lauwagie 11			
10 Holdingford	4:07.55	4:12.51	1	
1) Carly Mitchell 9	2) Madison Mitchell 12			
3) Maggie Gross 9	4) Brenna Konsor 7			
11 Lanesboro-Fillmore Central-M	4:08.55	4:12.91	2	
1) Kinley Soiney 10	2) Sahara Morken 11			
3) Kammry Broadwater 12	4) Lillyan Kiehne 10			
12 Canby/Minneota	4:09.64	4:13.06	2	
1) Brynn Kockelman 10	2) Taylor Ourada 9			
3) Claire Stoks 11	4) Braelyn Merritt 12			
13 St. Croix Preparatory Academ	4:07.65	4:15.19	1	
1) Michiana Kamara 7	2) Eleanor McGurran 11			
3) Siena Brown 10	4) Kayla Anderson 12			
14 Minnewaska Area	4:14.67	4:17.31	2	
1) Aubrey Polzin 7	2) Alia Randt 10			
3) Ella Larson 8	4) Lauryn Ankeny 10			
15 Ely	4:15.57	4:17.56	2	
1) Lydia Shultz 9	2) Sarah Visser 12			
3) Grace Latourell 12	4) Violet Udovich 8			
16 Janesville Waldorf Pemberton	4:10.66	4:19.42	2	
1) Lilly Strauss 11	2) Ashlynn Wolff 7			
3) Nevaeh Weimert 10	4) MaKenzie Westphal 8			
17 Two Harbors	4:12.05	4:30.39	1	
1) Gwen Fagerland 11	2) Delaney Nelson 10			
3) Rachel Bopp 11	4) Trinity Giddings 11			

Girls High Jump Class A

Class Record: C	6-00	2021	Nyalaam Jok, Annandale		
MN All Time: !	6-00	6/18/2021	Nyalaam Jok, Annandale		
Nat'l H.S.: +	6-04.50	2015	Vashti Cunningham, La Vegas Bishop Gorman,N		
23 Champion:	5-04	6/8/2023	Annaka Forsberg, Blooming Pra		
Name		Year School	Seed	Finals	Points

Finals

1 McKaylen Lewis	9 Math & Science A	5-04.00	5-05.00	12
2 Annaka Forsberg	12 Blooming Prairie	5-05.00	5-03.00	10
3 Ellie Becker	11 Eden Valley-	5-03.00	5-03.00	8
4 Mayah Otto	10 St. Croix Lutheran	5-03.00	5-03.00	6
5 Allison LaVine	11 Clearbrook-Gonvick	5-03.00	5-03.00	5
6 Ava Phrakonkham	11 Bagley/Fosston	5-01.00	5-03.00	4
7 Grace Backstrom	11 Pelican Rapids	5-01.00	5-01.00	3
8 Greta Peterson	12 St. Cloud Cathedral	5-01.00	5-01.00	2
9 Rebecca Cheadle	11 Heron Lake-O	4-11.00	5-01.00	0.33
9 Annika Aakre	10 Park Christian	5-01.00	5-01.00	0.33
9 Jayden Sonnenberg	10 Frazee	5-01.00	5-01.00	0.33
12 Carly Tolifson	9 Benson/KMS	5-01.00	5-01.00	
12 Jessica Beguin	12 Cotter/Hope	5-01.00	5-01.00	

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....Girls High Jump Class A

12	Terina Blascyk	12	West Central Area	5-01.00	5-01.00
15	Mariah Koltjes	9	Breckenridge	5-01.00	4-11.00
16	Katrina Schutz	12	Eden Valley-	5-01.00	4-11.00
16	Markelle Pederson	10	West Marshall	5-01.00	4-11.00
18	Myiesha Antoni	10	Ottertail Central	5-01.00	4-11.00
19	Gianna Madill	9	Esko	4-10.00	4-11.00
20	Jaelyn LaPlante	11	Chatfield	5-03.00	4-09.00
21	Augusta Papik	11	Luverne	4-11.00	4-09.00
--	Amaya Grinde	12	Two Harbors	5-00.00	NH
--	Jada Mitchell	10	New Life Academy	5-03.00	NH
--	Kate Daly	9	St. Clair/Im	5-01.00	NH

Girls Long Jump Class A

===== Class Record: C 19-02.25 2009 Analisa Huschle, Bagley/Fosston MN All Time: ! 19-03.75 6/8/2018 Patricia Johnson, Orono Nat'l H.S.: + 22-01.75 1976 Kathy McMillan, Raeford Hoke Co., NC 23 Champion: 18-03.25 6/8/2023 Brielle Kuechle, Eden Valley-Watk =====							
Name	Year	School	Seed	Finals	Wind	H#	Points
===== =====							
1	McKaylen Lewis	9	Math & Science A	18-11.00	19-09.00	5.4	3 12
2	Addison Condon	10	Waterville-E	17-00.25	17-11.50	1.7	2 10
3	Adella Schmoll	11	RACE	17-04.00	17-07.25	3.2	3 8
4	Kinley Bormann	9	Ottertail Central	17-06.00	17-07.25	2.8	3 6
5	Kendall Huhnerkoch	11	Redwood Valley	17-03.25	17-03.25	2.5	2 5
6	Ellie Sosa	9	Dilworth-Gly	17-11.00	17-01.75	1.9	3 4
7	Trinity Giddings	11	Two Harbors	17-00.75	16-11.75	1.6	2 3
8	Alexandria Hill	9	MPLS North Commu	17-03.50	16-11.50	4.2	2 2
9	Lilly Strauss	11	Janesville W	16-10.00	16-10.25	1.9	1 1
10	Hayley Lentsch	12	Kenyon-Wanamingo	17-05.50	16-09.75	2.6	3
11	Julia Miller	11	Ada-Borup-West	16-11.75	16-08.25	3.5	1
12	Clare Ryan Bradley	10	St. Paul Academy	17-04.50	16-08.00	2.4	3
13	Isabelle Jaenicke	12	Melrose Area	17-05.00	16-07.00	0.6	3
14	Rilee Breth	10	Holdingsford	16-10.00	16-06.25	3.2	1
15	Christina Zorobi	9	Twin Cities Acad	17-06.25	16-06.25	3.5	3
16	Makenna Lilly	11	New Life Academy	17-01.25	16-06.25	2.6	2
17	Lucea Wales	12	A.B.E	16-10.75	16-06.00	1.9	1
18	Chantle Reiland	11	GMLOKS	17-01.75	16-04.25	1.7	2
19	Avery Aakre	12	Park Christian	17-00.75	16-03.50	3.9	2
20	Alex Kiebel	11	Maple Lake	16-10.25	16-03.25	3.6	1
21	Aubryana Boldt	10	Rushford-Peterso	17-00.75	16-03.25	3.6	2
22	Brynn Bakken	9	Hills-Beaver Creek	17-03.00	16-02.25	3.0	2
23	Delaney Nelson	10	Two Harbors	16-05.50	16-02.00	4.7	1
24	Hailey Hollar	12	River Valley	17-07.50	16-00.50	2.9	3
25	Alaura Dahl	12	Pine River-Backus	16-10.50	15-09.75	2.7	1
26	Ava Follingstad	11	Barnesville	16-11.00	15-09.25	0.7	1
27	Sarah Toyli	11	Parkers Prairie	16-11.25	15-05.75	4.6	1

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Girls Discus Throw Class A

Class Record: C 155-01 2016		Jaimi Salone, Blake School					
MN All Time: ! 171-09 2012		Maggie Ewen, St. Francis					
Nat'l H.S.: + 193-08 2023		Emma Sralla, Flower Mound Marcus, TX					
23 Champion: 131-00 6/8/2023		Jadyn Hart, Luverne					
Name	Year	School	Seed	Finals	H#	Points	
1 Allison LaVine	11	Clearbrook-Gonvick	117-00	135-07	2	12	
2 Alexis Rathje	11	St. Croix Lutheran	116-10	128-06	2	10	
3 Annaka Bogenholm	12	Barnum	114-10	128-06	1	8	
4 Aria Garrett	10	Dilworth-Gly	118-08	127-07	2	6	
5 Ellie Welch	12	Pelican Rapids	119-01	124-11	2	5	
6 Georgia Mundt	12	Lewiston-Altura	116-11	124-08	2	4	
7 Grace Schmidt	12	Litchfield	123-06	123-04	2	3	
8 Gracie Gallagher	11	Border West	116-08	122-05	2	2	
9 Sarah Hartung	10	Park Rapids Area	114-04	118-10	1	1	
10 Ava Halvorson	11	Ogilvie	120-10	118-06	2		
11 Katelin Flack	12	LCWM-Nicollet	109-05	114-09	1		
12 Keira McCord	12	Concordia Academy	119-11	114-01	2		
13 Emily Marquis	10	West Marshall	115-09	113-10	1		
14 Kammry Broadwater	12	Lanesboro-Fillmo	112-06	110-02	1		
15 Maya Johnson	9	Esko	106-11	106-02	1		
16 Alabama Hoonhorst	9	Heron Lake-O	105-02	104-02	1		
17 Hannah Sneller	11	Luverne	104-08	102-09	1		
18 Elizabeth O'Malley	10	Montevideo	105-07	95-09	1		

Boys 100 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C 10.77 1996		Erik Hanson, Mesabi East					
MN All Time: ! 10.49 2004		Ibrahim Kabia, Champlin Park					
Nat'l H.S.: + 10.13 2019		Matthew Boling, Houston Strake Jesuit					
23 Champion: 11.00 6/9/2023		Tate Nelson, Two Harbors					
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1 Josh Beardmore	12	Caledonia/Spring	11.20	10.97Q	3.8	1	
2 Cam Jones	12	Howard Lake-	11.26	11.00Q	2.9	2	10.991
3 Isaiah Tandoh	12	Ortonville	11.22	11.00Q	3.8	1	10.993
4 Judah Zinter	11	Concordia Academy	11.18	11.03Q	2.9	2	
5 Henry Peklo	12	Nova Classical A	11.27	11.04q	3.8	1	
6 Eli Staggemeyer	11	Caledonia/Spring	11.26	11.05q	3.8	1	
7 Evan James	11	Mesabi East	10.91	11.09q	3.8	1	
8 Bruce Bureau	12	Howard Lake-	11.26	11.20q	2.9	2	
9 Connor Martens	12	LCWM-Nicollet	11.16	11.23q	3.8	1	
10 Ryan Kangas	12	Win-E-mac	11.44	11.25	2.9	2	
11 Ben Dahlin	11	Jackson Coun	11.18	11.28	2.9	2	
12 Andrew Brown	10	Pillager	11.38	11.30	2.9	2	
13 Alex Helgeson	9	Sauk Centre	11.49	11.32	3.8	1	
14 Aidan Swenhaugen	11	Tracy-Milroy-Bal	11.50	11.35	3.8	1	
-- Ayo Ogundeji	11	Nevis	11.62	DNS	2.9	2	

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Boys 200 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C 21.45 2014		Tyler Beehler, Foley					
MN All Time: ! 20.92 2004		Jon Boyd, Mankato East					
Nat'l H.S.: + 20.13 1985		Roy Martin, Dallas Roosevelt, TX					
23 Champion: 22.25 6/8/2023		RJ Sylak, Zumbrota-Mazeppa					
Name	Year	School	Seed	Prelims	Wind	H#	
1	Jesse Ortiz	12 Medford	22.00	22.30Q	4.8	3	
2	Judah Zinter	11 Concordia Academy	22.26	22.56Q	5.1	2	
3	Henry Peklo	12 Nova Classical A	22.36	22.76Q	5.3	1	
4	Damon Bye	12 Dover-Eyota	22.46	22.63Q	5.1	2	
5	Ben Dahlin	11 Jackson Coun	22.87	22.69Q	4.8	3	
6	Isaiah Tandoh	12 Ortonville	22.43	22.79Q	5.3	1	
7	Leif Shervey	10 United Clay-Becker	22.86	22.82q	5.1	2	
8	Grant Reed	12 Kenyon-Wanamingo	22.51	22.95q	5.1	2	
9	Fischer Wait	11 Caledonia/Spring	22.55	22.99q	5.3	1	
10	Aidan Swenhaugen	11 Tracy-Milroy-Bal	22.47	23.00	4.8	3	
11	Bodey DeVries	12 Dilworth-Gly	23.26	23.06	5.1	2	
12	Gabe Curley	12 Caledonia/Spring	22.48	23.11	4.8	3	
13	Lukas Kuehl	12 Litchfield	23.42	23.13	4.8	3	
14	Cody Walker	10 Wabasha-Kellogg	22.65	23.16	5.3	1	
15	Blake Newiger	12 St. Cloud Cathedral	23.08	23.25	5.3	1	
16	Avandre Brandt	10 Staples-Motley	23.06	23.34	5.1	2	
17	Evan James	11 Mesabi East	22.99	23.36	4.8	3	
18	Justin Messner	11 G-F-W	23.26	23.40	5.3	1	
19	Asante Adams	10 Minnewaska Area	23.47	23.61	4.8	3	
20	Dylan Nyberg	11 Cromwell-Wright	23.50	23.67	5.1	2	

Boys 400 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C 47.66 1996		Tom Gerding, Waconia					
MN All Time: ! 47.34 2022		Ramy Ayoub, Farmington					
Nat'l H.S.: + 45.19 2012		Aldrich Bailey, Mansfield Timberview, TX					
23 Champion: 49.83 6/9/2023		RJ Sylak, Zumbrota-Mazeppa					
Name	Year	School	Seed	Prelims	H#		
1	Fischer Wait	11 Caledonia/Spring	49.91	50.16Q	1		
2	Luke Gardner	12 Cotter/Hope	49.38	50.31Q	2		
3	Oliver Thompson	11 St. Paul Academy	48.94	50.45Q	3		
4	Damon Bye	12 Dover-Eyota	49.85	50.46Q	1		
5	Pierce Petersohn	10 Triton	49.93	50.63Q	2		
6	Dominic Zoa	12 Legacy Christian	50.08	51.14Q	3		
7	Zackery Bruder	11 Osakis	51.04	50.66q	1		
8	Cam Jones	12 Howard Lake-	50.75	50.99q	1		
9	Maeson Tank	12 Minnewaska Area	50.91	51.32q	2		
10	Gavin Atherton	9 Waterville-E	50.71	51.34	2		
11	Dawson Hofer	9 Holdingford	50.87	51.51	3		
12	Ryan Koberoski	12 M/T/GHEC/ML	50.72	51.61	1		
13	Javin Mungai	12 MACCRAY/RCW	50.85	51.66	3		
14	Justin Messner	11 G-F-W	50.98	52.00	1		
15	Jacob Ochsendorf	12 Montevideo	51.15	52.01	3		
16	Dylan Schwarz	12 Deer River/N	51.48	52.04	2		
17	Landon Bakke	12 United Clay-Becker	50.78	52.25	2		

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....Boys 400 Meter Dash Class A

18	Preston Miller	12	Bertha-Hewitt/Ve	51.34	52.33	1
19	Cayden Zephier	10	Pipestone Area	51.12	52.34	2
20	Cody Walker	10	Wabasha-Kellogg	50.14	52.45	3
21	Josh Peterson	12	St. Croix Lutheran	51.35	52.68	1
22	Jacob Carter	11	Pine Island	51.22	52.95	3
23	Charles Scholl	12	Ada-Borup-West	51.30	53.15	2
24	Spencer Hipp	12	Esko	52.23	53.27	3

Boys 800 Meter Run Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

=====
Class Record: C 1:50.72 1996 Jason Owens, Stewartville
MN All Time: ! 1:49.69 2008 Zachary Mellon, Buffalo
Nat'l H.S.: + 1:46.45 1996 Michael Granville, Bell Gardens, CA
23 Champion: 1:53.56 6/9/2023 Brandon Kampsen, Sauk Centre

Name	Year	School	Seed	Prelims	H#	
1	Tate Goergen	9	GMLOKS	1:57.18	1:58.01Q	1
2	Jayce Kiehne	12	Lanesboro-Fillmo	1:54.66	1:59.31Q	2
3	Ryan Fick	12	Luverne	1:56.77	1:59.08Q	1
4	Charlie Larson	11	Pelican Rapids	1:59.01	1:59.39Q	2
5	Joey Ringhand	12	Crosby-Ironton	2:00.21	1:59.95q	2
6	Joseph Guthrie	12	Upsala/Swanville	1:59.31	2:00.00q	1
7	Kody Wassman	12	Mt. Lake Are	2:00.89	2:00.32q	1
8	Ryan Prinsen	12	Rushford-Peterse	1:57.92	2:00.80q	2
9	Micah Gregory	11	Trinity/Unity*	1:59.92	2:01.95q	2
10	Landyn Nordby	11	Redwood Valley	2:01.50	2:02.19	2
11	Charlie Gengler	10	LCWM-Nicollet	2:01.10	2:02.22	2
12	Xander Chvatal	9	Litchfield	2:01.07	2:02.64	1
13	Bridger Larson	11	United Clay-Becker	2:02.00	2:04.19	1
14	Carter Julin	12	Dilworth-Gly	2:02.49	2:04.99	2
15	Eli Andre	10	Nova Classical A	1:59.88	2:05.53	1
16	Phoenix Anderson	10	Cromwell-Wright	2:03.62	2:05.61	2
17	Grant Nelson	10	Wadena-Deer Creek	2:02.15	2:06.38	1

Boys 3200 Meter Run Class A

=====
Class Record: C 8:59.19 2006 Mike Torchia, Rochester Lourdes
MN All Time: ! 8:51.44 6/8/2023 Noah Breker, Robbinsdale Armstrong
Nat'l H.S.: + 8:34.10 2023 Sieon Birnbaum, Rapid City Stevens , SD
23 Champion: 9:22.44 6/8/2023 Bjorn Anderson, Perham

Name	Year	School	Seed	Finals	Points	
Finals						
1	Eddie Snider	11	Mounds Park Academy	9:41.51	9:31.95	12
2	Erik Semling	8	Cotter/Hope	9:37.59	9:32.00	10
3	Nick Hansen	12	St. John's Prep	10:11.83	9:44.90	8
4	Owen Janiszkeski	11	Luverne	9:53.42	9:45.23	6
5	Noah Huot	12	Park Rapids Area	10:02.94	9:48.39	5
6	Kilen Cilek	11	Redwood Valley	10:03.91	9:49.18	4
7	Zane Guderjahn	12	Bertha-Hewitt/Ve	10:06.04	9:50.78	3
8	Henry Lemke	11	Eden Valley-	9:57.04	9:51.51	2
9	Owen Winter	10	Dilworth-Gly	10:07.18	9:55.54	1
10	Soren Kelly	10	Mankato Loyola	9:59.43	9:55.82	

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....Boys 3200 Meter Run Class A

11 Liam Caldwell	10 Math & Science A	9:46.56	10:02.09
12 Ryan Pierson	12 Martin Count	9:56.60	10:05.10
13 Ivan Daood	9 St. Charles	9:55.55	10:12.52
14 Jack Riley	12 Carlton-Wrenshall	10:05.59	10:12.77
15 Brady Rach	10 Bertha-Hewitt/Ve	10:02.59	10:31.40
16 Alex Burckhardt	11 South Ridge/	10:13.03	10:34.40
17 Jack Nelson	12 West Lutheran	9:41.74	10:41.31

Boys 110 Meter Hurdles Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C 13.92	2015	Jon Tollefson, St. Croix Lutheran
MN All Time: ! 13.88	2012	Rilwan (RJ) Alowonle, Park, Cottage Grove
Nat'l H.S.: + 13.30	1990	Chris Nelloms, Dayton Dunbar, OH
23 Champion: 14.81	6/9/2023	Jonathan Cheney, Pierz
Name	Year School	Seed Prelims Wind H#

Preliminaries

1 Hayden Brown	12 Howard Lake-	15.34	14.78Q	4.2	2
2 Logan Swanson	11 Concordia Academy	15.31	14.83Q	3.3	1
3 Jacob Ochsendorf	12 Montevideo	15.26	15.16Q	3.0	3
4 Blake Stephens	12 Redwood Valley	14.99	14.91Q	4.2	2
5 Wyatt Genelin	11 LeSueur-Henderson	15.01	15.00Q	3.3	1
6 Garrett Schmidt	12 G-F-W	15.23	15.45Q	3.0	3
7 Grayson Gibson	10 Morris Area/Chok	15.20	14.93q	4.2	2
8 James Weber	12 Lac qui Parle Va	15.13	15.18q	3.3	1
9 Gavin Sales	10 Holdingford	15.98	15.33q	4.2	2
10 Will Kaesermann	12 Minnesota Va	15.29	15.39	4.2	2
11 CJ Tree	12 Pine Island	15.30	15.43	3.3	1
12 Hayden Hauf	11 Dilworth-Gly	15.70	15.51	3.0	3
13 Mark Evenson	12 Nova Classical A	15.79	15.57	3.3	1
14 Kade Swenson	11 Dilworth-Gly	15.70	15.65	4.2	2
15 Spencer Strohm	11 Barnum	15.79	15.79	3.3	1
16 Brant Blosser	11 United South	15.38	15.88	3.0	3
17 Matthew Danielson	12 Rothsay	16.46	16.13	3.0	3
18 Noah Larson	10 Staples-Motley	17.19	16.28	4.2	2
19 Hayden Charboneau	12 Barnum	16.27	16.56	3.0	3

Boys 300 Meter Hurdles Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C 37.39	1999	Mitch Potter, St. Michael-Albertville
MN All Time: ! 36.59	2012	Rilwan (RJ) Alowonle, Park, Cottage Grove
Nat'l H.S.: + 34.83	2024	Vance Nilsson, Gilbert, AZ
23 Champion: 38.97	6/9/2023	Griffin Paulsen, St. Croix Luther
Name	Year School	Seed Prelims H#

1 Judah Zinter	11 Concordia Academy	40.16	40.36Q	1
2 Silas Van Essen	10 SWMCH-EHS	40.56	40.79Q	2
3 Owen Meulebroeck	11 Minnewaska Area	41.13	40.62Q	1
4 James Weber	12 Lac qui Parle Va	40.03	41.19Q	2
5 Joren Rudzitis	12 Legacy Christian	41.41	41.10q	1
6 Cade Swenhaugen	11 Tracy-Milroy-Bal	40.30	41.12q	1
7 Quintin Betthausen	11 Rushford-Peterse	41.37	41.21q	2

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....Boys 300 Meter Hurdles Class A

8 CJ Tree	12 Pine Island	40.70	41.22q	1
9 Andrew Jones	10 Osakis	40.58	41.30q	2
10 Wyatt Jantzen	10 International Falls	42.85	42.38	1
11 Alan Haglin	12 Maple Lake	41.50	42.67	1
12 Chase Kijenski	11 Mankato Loyo	42.13	42.80	2
13 Caleb Johnson	11 Dilworth-Gly	42.31	42.82	1
14 Tommy DeChantal	10 Two Harbors	42.86	43.00	2
15 Garrett Schmidt	12 G-F-W	42.09	43.07	2
16 Kade Swenson	11 Dilworth-Gly	43.10	43.73	2
17 Hayden Brown	12 Howard Lake-	41.20	43.88	2

Boys 4x100 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C 42.57	6/10/2022	Minneapolis North Community, MPLS North C
		Z Black, K Clay, J Baker, J Hill
MN All Time: ! 41.28	6/8/2023	Minnetonka, Minnetonka
		L Poey, T Williams, C Guion, W Hairston
Nat'l H.S.: + 38.92	2024	Humble Atascocita, TX
23 Champion: 42.72	6/9/2023	Minneapolis North Community, MPLS North C
		Z Black, N Jiles, J Sanders, J Hill

School	Seed	Prelims	H#
1 Caledonia/Spring Grove	43.39	43.40Q	3
1) Eli Staggemeyer 11			
3) Owen Staggemeyer 11			
2 Sauk Centre	43.65	44.00Q	1
1) Jeric Schloegl 11			
3) David Gilmore 10			
3 Howard Lake-Waverly-Winsted	43.59	44.30Q	2
1) Hayden Brown 12			
3) Timmy Webber 10			
4 Moose Lake/Willow River	44.02	44.45Q	2
1) Layne Radzak 10			
3) Jaxsyn Schmidt 12			
5 Cotter/Hope Lutheran	44.29	44.59Q	1
1) Isaac Meinke 10			
3) Brayden Novakoski 10			
6 St. Croix Preparatory Academ	44.11	44.65Q	3
1) Yuito Sakurai 11			
3) Nicholas Fodor 11			
7 Pine Island	43.85	44.68q	1
1) Bentley Lujero 12			
3) Owen Harstad 10			
8 LCWM-Nicollet	44.33	44.69q	1
1) Logan Sandmeyer 12			
3) Logan Quade 11			
9 Esko	44.27	44.83q	2 44.823
1) Ryan Sturm 12			
3) Jace Stewart 12			
10 Mesabi East	44.38	44.83	3 44.827
1) Ethan Jacobson 11			
3) Kasen Hill 10			
11 Minnewaska Area	44.35	44.93	2

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....Boys 4x100 Meter Relay Class A

	1) Caden Christensen 9	2) Asante Adams 10		
	3) Kaiden Harvey 11	4) Carter Meyer 11		
12	Eden Valley-Watkins/Kimball	44.80	45.10	3
	1) Owen Mortenson 11	2) Bryce Lyrek 12		
	3) Parker Schultz 12	4) Peyton Hooper 12		
13	Benson/KMS	44.19	45.17	3
	1) Eshon Freeman 11	2) Quin Peterson 12		
	3) Jaden McCarter 11	4) Hunter Kallstrom 12		
14	Redwood Valley	44.39	45.19	2
	1) Blake Stephens 12	2) Tucker Amberg 11		
	3) Duran Kramer 10	4) Lucas Fuhr 9		
15	St. Croix Lutheran	44.58	45.23	2
	1) Elias Blumer 12	2) Luke Newgard 11		
	3) Nolan Zellmer 12	4) Nelson Weekes 10		
16	Dilworth-Glyndon-Felton	44.86	45.24	3
	1) Bodey DeVries 12	2) Brody Friend 12		
	3) Caleb Johnson 11	4) Casey Macziewski 11		
17	Maple River	44.46	45.31	1
	1) Amarus Harris 11	2) Chad Schull 12		
	3) Tyler Hollerich 12	4) Cale Hansen 12		
18	BOLD/BLH	44.42	45.43	1
	1) Jack Gross 11	2) Chase Hubin 12		
	3) Gabe Bergstrom 9	4) Hudson Vosika 11		
19	Rochester Lourdes	44.37	45.52	3
	1) John Novak 12	2) Caleb Akinbolu 10		
	3) Blake Moynagh 9	4) Chase Boehmke 8		
--	BGMR Freeze	44.91	DNF	2
	1) Brandon Schenkey 10	2) Grady Hockstedler 11		
	3) Everett Nelson 11	4) Liam Collins 12		

Boys 4x200 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

=====				
Class Record:	C 1:28.93	2004	Hermantown, Hermantown	
			D Jago, M Sumbs, N Holt, K Schmidt	
MN All Time:	! 1:25.58	6/8/2019	Hopkins, Hopkins	
			J Champion, W Lubarski, S Leervig, J Fahnbulleh	
Nat'l H.S.:	+ 1:23.25	2018	Conroe The Woodlands, Conroe The Woodla	
23 Champion:	1:29.43	6/9/2023	Chatfield, Chatfield	
			I Erding, E Hopp, T Evans, S Backer	
	School	Seed	Prelims	H#
=====				
1	Caledonia/Spring Grove	1:30.44	1:30.87Q	2
	1) Eli Staggemeyer 11	2) Owen Staggemeyer 11		
	3) Gabe Curley 12	4) Fischer Wait 11		
2	Moose Lake/Willow River	1:32.43	1:32.12Q	1
	1) Layne Radzak 10	2) Chase Clausen 11		
	3) Jaxsyn Schmidt 12	4) Kaden Robbins 12		
3	St. Cloud Cathedral	1:31.24	1:31.97Q	2
	1) Blake Newiger 12	2) Aiden Marin 11		
	3) Cole Hwang 12	4) Owen Anderson 12		
4	Holdingsford	1:31.54	1:32.15Q	1
	1) Garrett Frink 11	2) Jeffrey Hall 12		
	3) Brandon Hall 11	4) Dawson Hofer 9		

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....Boys 4x200 Meter Relay Class A

5	Minnewaska Area		1:31.21	1:32.23q	1
	1) Carter Meyer 11	2) Kaiden Harvey 11			
	3) Owen Meulebroeck 11	4) Maeson Tank 12			
6	Osakis		1:32.17	1:32.32q	1
	1) Andrew Jones 10	2) Trenton VanNyhuis 10			
	3) Keaton Lien 9	4) Brennen Gustafson 12			
7	Dilworth-Glyndon-Felton		1:34.13	1:32.62q	2
	1) Macswel Kunza 12	2) Casey Macziewski 11			
	3) Brody Friend 12	4) Bodey DeVries 12			
8	Minnesota Valley Lutheran		1:32.35	1:33.07q	1
	1) Josh Bentler 11	2) Jared Frey 12			
	3) Justin Thompson 12	4) Ben Halvorson 12			
9	Litchfield		1:32.34	1:33.15q	2
	1) Jack McCann 12	2) Garrison Jackman 12			
	3) Ty Penk 10	4) Lukas Kuehl 12			
10	Cotter/Hope Lutheran		1:31.37	1:33.22	2
	1) Preston Meinke 11	2) Cade Cummings 9			
	3) Elliot Fitzgerald 12	4) Luke Gardner 12			
11	Redwood Valley		1:31.94	1:33.25	2
	1) Lucas Fuhr 9	2) Duran Kramer 10			
	3) Tucker Amberg 11	4) Blake Stephens 12			
12	St. Croix Lutheran		1:31.40	1:33.37	1
	1) Nolan Zellmer 12	2) Josh Peterson 12			
	3) Elias Blumer 12	4) Nelson Weekes 10			
13	Crosby-Ironton		1:31.71	1:33.56	2
	1) Evan Rydberg 11	2) Noah Larson 12			
	3) Jordan Mount 12	4) Nate Hachey 12			
14	Janesville Waldorf Pemberton		1:32.00	1:33.59	1
	1) Dylan McWaters 12	2) Isaiah Berndt 11			
	3) Daulton Bauer 10	4) Ryan Kronbach 12			
15	Pine Island		1:31.17	1:33.88	1
	1) Bentley Lujero 12	2) Abe Ferber 11			
	3) Ty Gibson 12	4) Owen Harstad 10			
16	St. Croix Preparatory Academ		1:32.32	1:34.36	2
	1) Larson Sather 10	2) Henrik Peterson 9			
	3) Nicholas Fodor 11	4) Patrick Brown 12			
17	Tracy-Milroy-Balaton		1:32.63	1:34.71	2
	1) Cade Swenhaugen 11	2) Tyler Arnold 10			
	3) Gage Struchen 12	4) Aidan Swenhaugen 11			
--	Park Rapids Area		1:36.33	DQ	1 Rule 5-10-6 (2-3)
	1) Jaydon Walen 10	2) Jarrett Galzki 11			
	3) Thomas Hartung 11	4) Corbin Schiller 10			

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Results - Class A Prelims**

Boys 4x400 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

School	Seed	Prelims	H#
Class Record: C 3:20.64	1999	St. Michael-Albertville, St. Michael-Al	
		Beaudry, Glaeser, Robeck, Potter	
MN All Time: ! 3:16.69	2011	Stillwater Area, Stillwater Area	
		M Day, N Ricci, M Davis, N Goff	
Nat'l H.S.: + 3:07.40	1985	Hawthorne, CA	
23 Champion: 3:24.22	6/8/2023	Mt. Lake Area, Mt. Lake Area	
		J Linscheid, C Olsen, K Wassman, Z Klassen	
School	Seed	Prelims	H#
1 Crosby-Ironton	3:27.16	3:27.89Q	1
1) Noah Larson 12			
2) Nate Hachey 12			
3) Joey Ringhand 12			
4) Jordan Mount 12			
2 Cotter/Hope Lutheran	3:24.28	3:28.20Q	2
1) Elliot Fitzgerald 12			
2) Jackson Cada 12			
3) Brayden Novakoski 10			
4) Luke Gardner 12			
3 Lanesboro-Fillmore Central-M	3:26.12	3:28.22Q	1
1) Mason Howard 12			
2) Luke Ruen 12			
3) Isaac Snyder 12			
4) Jayce Kiehne 12			
4 St. Croix Lutheran	3:27.60	3:29.32Q	2
1) Josh Peterson 12			
2) Owen Schmeling 9			
3) Tory Wollersheim 11			
4) Will Olson 12			
5 SWMCH-EHS	3:28.02	3:28.75q	1
1) Ryan Pap 9			
2) Silas Van Essen 10			
3) Jonah Uilk 10			
4) Aidan Schaap 12			
6 St. Cloud Cathedral	3:31.97	3:29.02q	1
1) Cole Hwang 12			
2) Andrew Uy 12			
3) Michael Phan 12			
4) Owen Anderson 12			
7 Holdingford	3:27.48	3:29.60q	2
1) Garrett Frink 11			
2) Carter Gross 11			
3) Aidan Pellett 12			
4) Dawson Hofer 9			
8 Pelican Rapids	3:30.92	3:32.14q	2
1) Jack Welch 10			
2) Anthony Checco de Souza 12			
3) Ethan Isaman 9			
4) Charlie Larson 11			
9 Minnesota Valley Lutheran	3:31.31	3:34.63q	2
1) Justin Thompson 12			
2) Elliot Hoffman 12			
3) Kendrick Henry 12			
4) Ben Halvorson 12			
10 United Clay-Becker	3:32.09	3:34.87	1 3:34.868
1) Noah Nelson 11			
2) Bridger Larson 11			
3) Leif Shervey 10			
4) Landon Bakke 12			
11 Esko	3:30.80	3:34.87	1 3:34.869
1) Jacob Randa 12			
2) Ryan Sturm 12			
3) Dalton Spindler 12			
4) Spencer Hipp 12			
12 Pine Island	3:30.65	3:35.65	1
1) Ryder Schmidt 11			
2) Drew Sailer 11			
3) Ty Gibson 12			
4) Jacob Carter 11			
13 St. Croix Preparatory Academ	3:29.77	3:36.15	2
1) Liam Bahneman 12			
2) Harsh Tandon 10			
3) Aidan Welsh 12			
4) Patrick Brown 12			
14 Mt. Lake Area - Comfrey	3:32.45	3:36.36	2
1) Chase Anacker 12			
2) Preston Xayachak 12			
3) Ethan Schroeder 11			
4) Kody Wassman 12			
15 Luverne	3:29.54	3:36.43	2
1) Lucky Dara 11			
2) Zachary Terrio 12			

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Results - Class A Prelims

....Boys 4x400 Meter Relay Class A

3) Dylan Ommen 11	4) Ryan Fick 12			
16 Minnewaska Area		3:32.74	3:36.79	2
1) Kaiden Harvey 11	2) Jayce Kovarik 12			
3) Owen Meulebroeck 11	4) Maeson Tank 12			
17 St. Paul Academy & Summit Sc		3:28.80	3:38.98	1
1) Roman Hozalski 9	2) Nico Martin 9			
3) Langston Thompson 9	4) Oliver Thompson 11			
18 Dilworth-Glyndon-Felton		3:35.77	3:39.32	1
1) Macswel Kunza 12	2) Jerome Gange 12			
3) Casey Macziewski 11	4) Joe Wilson 12			

Boys Pole Vault Class A

Class Record: C	16-00	6/9/2022	Jarod White, Pine Island			
MN All Time: !	16-01	6/8/2023	Nathan Nelson, Rochester Century			
Nat'l H.S.: +	19-05.50	2018	Armand Duplantis, Lafayette, LA			
23 Champion:	14-00	6/8/2023	DJ Rock, Luverne			
Name		Year School	Seed	Finals	Points	

Finals

1	Joseph Arens	12	St. Croix Prepar	14-06.00	14-03.00	12
2	Braden Nelson	12	Montevideo	14-04.00	14-03.00	10
3	Grayson Gibson	10	Morris Area/Chok	12-10.00	14-00.00	8
4	Jack Miller	12	MACCRAY/RCW	13-04.00	13-06.00	6
5	Andrue Stalboerger	10	Melrose Area	12-10.00	13-06.00	5
6	Brady Crabtree	12	Frazee	13-04.00	13-06.00	4
7	Joe Wilson	12	Dilworth-Gly	13-10.00	13-06.00	3
8	Turner Beachy	10	Staples-Motley	13-10.00	13-06.00	2
9	Nicklaus Wimmer	9	Concordia Academy	13-00.00	13-00.00	1
10	Owen Dick	12	Rush City	12-10.00	13-00.00	
11	Boston Wright	12	Lanesboro-Fillmo	12-04.00	13-00.00	
12	Julius Schneider	10	Maple River	12-04.00	13-00.00	
13	Tyler Hollerich	12	Maple River	13-07.00	12-06.00	
14	Hayden Rettke	10	Walker-Hacke	11-10.00	12-00.00	
15	CJ Tree	12	Pine Island	12-10.00	12-00.00	
16	Hunter Milstead	11	Greenway/Nas	11-06.00	11-06.00	
17	Spencer Hipp	12	Esko	11-00.00	11-00.00	

Boys Triple Jump Class A

Class Record: C	48-08.50	1987	Ed Hegland, Appleton/Milan				
MN All Time: !	49-05.50	2010	Michael Sandle, Eden Prairie				
Nat'l H.S.: +	53-01.50	2024	Karson Gordon, Belair Episcopal, TX				
23 Champion:	44-06	6/8/2023	Peda Zeba, Adrian/Ellsw				
Name		Year School	Seed	Finals	Wind H#	Points	

1	Brayson Boike	11	Lac qui Parle Va	44-04.00	45-03.25	2.5	2	12
2	Trenton VanNyhuis	10	Osakis	43-06.75	45-02.00	3.2	2	10
3	Job Ogeka	11	Windom Area	43-01.50	44-05.75	3.0	2	8
4	Ryan Kronbach	12	Janesville W	42-07.00	44-03.25	4.7	1	6
5	Joseph Guthrie	12	Upsala/Swanville	42-10.00	43-11.75	4.1	2	5
6	Jordan Mount	12	Crosby-Ironton	41-11.50	43-11.00	2.7	1	4
7	Aidan Schaap	12	SWMCH-EHS	43-03.75	43-09.00	1.9	2	3
8	Holden Rinke	11	Border West	42-09.50	43-05.50	2.9	2	2

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....Boys Triple Jump Class A

9	Mason Dalluge	12	Ottertail Central	44-04.00	43-05.25	3.3	2	1
10	Aidan McCue	10	Sibley East	42-10.50	42-05.25	5.2	2	
11	Ole Skrien	11	St. Croix Lutheran	41-11.00	42-04.50	2.0	1	
12	Sawyer Ferdon	11	Staples-Motley	43-06.75	42-04.50	2.5	2	
13	Daniel Mueller	12	Melrose Area	41-08.00	42-01.75	3.0	1	
14	Micah Bush	10	Hills-Beaver Creek	42-11.50	41-11.75	5.3	2	
15	Gavin McArthur	9	Mahnomen/Waubun	42-06.00	41-03.50	5.9	1	
16	Gregg Gile	11	Rushford-Peterse	41-05.25	41-01.25	2.4	1	
17	Vincent Perucho	10	Walker-Hacke	41-01.75	40-04.50	4.0	1	
18	CJ Tree	12	Pine Island	40-10.75	40-00.25	3.8	1	
19	Jerry Li	12	Parnassus	42-04.50	38-00.50	1.4	1	
--	Kaleb Berka	11	Cook County	40-02.50	FOUL			1

Boys Shot Put Class A

Class Record:	C	62-08	1996	Tim Senjem, Hayfield
MN All Time:	!	66-07.50	6/8/2023	Hayden Bills, Rosemount
Nat'l H.S.:	+	77-00	1979	Michael Carter, Dallas Jefferson, TX
23 Champion:		57-06	6/8/2023	Francis O'Malley, Montevideo

Name	Year	School	Seed	Finals	H#	Points	
1	TJ Christensen	12	Litchfield	56-04.00	59-02.75	2	12
2	Francis O'Malley	12	Montevideo	55-10.00	57-08.00	2	10
3	Jacob Dietel	12	Litchfield	49-04.50	54-02.50	1	8
4	Hunter Kallstrom	12	Benson/KMS	52-11.00	53-02.00	2	6
5	Anthony Palmer	10	MPLS North Commu	51-06.25	52-01.75	2	5
6	Jackson Staab	10	Lakeview	49-10.00	50-04.00	2	4
7	Jacob Liimatainen	12	Barnum	48-10.00	50-01.50	1	3
8	Noah Stommes	12	Eden Valley-	49-03.00	49-11.75	1	2
9	Chase Jacobson	12	Bigfork	50-00.50	49-10.00	2	1
10	Blake Schiltz	11	Pine Island	51-06.00	49-04.25	2	
11	Parker Burdorf	12	Sibley East	48-10.50	48-08.50	1	
12	Justin Jacobson	12	Pelican Rapids	49-09.00	48-07.50	2	
13	Jackson Gacke	11	Hills-Beaver Creek	49-01.00	48-06.25	1	
14	Brady Heiling	12	MACCRAY/RCW	49-08.50	48-04.25	2	
15	Levi Oevering	12	Lewiston-Altura	49-05.50	48-02.50	2	
16	Owen Krueger	11	Blooming Prairie	49-05.00	47-09.50	1	
17	Treston Nichols	12	BGMR Freeze	46-11.50	47-08.50	1	
18	Devin McClanahan	12	Mora	49-06.50	47-03.00	2	
19	Josh Dudgeon	12	Dilworth-Gly	47-02.00	46-01.25	1	
20	Evan Thompson	12	River Valley	46-06.00	45-07.25	1	
21	Elijah Woodley	11	Luverne	50-04.75	44-09.75	2	
22	Damian Ahrens	11	Sauk Centre	44-03.25	42-08.00	1	
23	Silas Revenaugh	12	Nova Classical A	47-07.75	40-08.50	1	

Boys Shot Put Wheelchair Class A

Class Record:	C	22-09.25	6/8/2023	Lucas Taylor, Lakeview			
MN All Time:	!	22-09.25	6/8/2023	Lucas Taylor, Lakeview			
23 Champion:		13-07.75	6/8/2023	Terrek Jenniges, Lakeview			
Name	Year	School	Seed	Finals	Points		
1	Lucas Taylor	12	Lakeview	24-09.75	27-09.00C	1	Cat 2
1	Terrek Jenniges	10	Lakeview	15-04.00	15-11.25	1	Cat 1

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....Boys Shot Put Wheelchair Class A

2 Broden Stensrud 8 Lakeview 17-04.50 16-05.75 Cat 2

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Women - Class A - Team Rankings - 4 Events Scored

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1) Math & Science Academy	24	2) Clearbrook-Gonvick	17
3) St. Croix Lutheran	16	4) St. John's Prep	12
5) Luverne	10	5) Blooming Prairie	10
5) Dilworth-Glyndon-Felton	10	5) Waterville-Elysian-Morris	10
9) Eden Valley-Watkins/Kimbal	8	9) Pelican Rapids	8
9) Barnum	8	9) Cotter/Hope Lutheran	8
9) RACE	8	14) Eagle Ridge Academy	6
14) Ottertail Central	6	16) Staples-Motley	5
16) Redwood Valley	5	18) Bagley/Fosston	4
18) Mankato Loyola-Cleveland	4	18) Lewiston-Altura	4
21) Two Harbors	3	21) Litchfield	3
21) Northwest Nighthawks	3	24) Climax-Fisher-Sacred Hear	2
24) Minneapolis North Communit	2	24) Border West	2
24) St. Cloud Cathedral	2	28) Park Rapids Area	1
28) Janesville Waldorf Pembert	1	28) United North Central	1
31) Heron Lake-Okabena/Fulda	0.33	31) Frazee	0.33
31) Park Christian	0.33		

=====

Women - Class AAA - Team Rankings - 4 Events Scored

=====

1) Stillwater Area	23.50	2) Wayzata	23
3) Forest Lake	17	4) Shakopee	14.50
5) Brainerd	12	6) Lakeville South	11
6) Minnetonka	11	8) Cambridge-Isanti	10
8) Roseville Area	10	10) Hastings	8
10) Minneapolis Southwest	8	10) Bemidji	8
13) Lakeville North	6	13) Robbinsdale Armstrong	6
15) Andover	5.50	16) St. Michael-Albertville	4
16) Rosemount	4	16) St. Paul Central	4
19) Mounds View	3	19) Hopkins	3
19) Minneapolis Washburn	3	22) Burnsville	2.50
23) Spring Lake Park	2	23) Blaine	2
23) Rochester John Marshall	2	26) White Bear Lake Area	1

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Men - Class A - Team Rankings - 5 Events Scored

=====

1) Montevideo	20	1) Litchfield	20
3) Mounds Park Academy	12	3) Lac qui Parle Valley/Daws	12
3) St. Croix Preparatory Acad	12	6) Cotter/Hope Lutheran	10
6) Osakis	10	8) Morris Area/Chokio-Albert	8
8) Windom Area	8	8) St. John's Prep	8
11) MACCRAY/RCW	6	11) Janesville Waldorf Pember	6
11) Benson/KMS	6	11) Lakeview	6
11) Luverne	6	16) Park Rapids Area	5
16) Minneapolis North Communit	5	16) Melrose Area	5
16) Upsala/Swanville	5	20) Eden Valley-Watkins/Kimba	4
20) Dilworth-Glyndon-Felton	4	20) Redwood Valley	4
20) Frazee	4	20) Crosby-Ironton	4
25) Bertha-Hewitt/Verndale	3	25) Barnum	3
25) SWMCH-EHS	3	28) Border West	2

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....Boys Shot Put Wheelchair Class A

28) Staples-Motley	2	30) Ottertail Central	1
30) Bigfork	1	30) Concordia Academy	1

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Men - Class AAA - Team Rankings - 5 Events Scored

=====

1) Brainerd	24	2) Chaska	20
3) Wayzata	17	4) Mounds View	13
5) Roseville Area	12	5) Maple Grove	12
7) Cambridge-Isanti	10.50	8) Rochester Century	10
9) Rosemount	9	10) Forest Lake	8
11) Woodbury	6	11) Centennial	6
11) Andover	6	14) Hopkins	5
14) Prior Lake	5	14) Irondale	5
14) East Ridge	5	14) Bemidji	5
19) Stillwater Area	4.50	20) Coon Rapids	4
20) Moorhead	4	20) Minneapolis Southwest	4
23) Blaine	3	23) Buffalo	3
25) Eastview	2	26) St. Michael-Albertville	1
26) Champlin Park	1		